

Overflowing with God

**Ephesians 5:1-20**

1 Timothy 4:1 starts with “The Spirit...”, and it seems clear to us Paul is referring to the Holy Spirit of God. But what did Christians in Ephesus understand? After all, the first three chapters have no teaching about the Holy Spirit...

Let’s look at what they knew, and what we know about the Holy Spirit:

Acts 19:1-7

Ephesians was written in AD 62

1 Timothy was written in AD 64

Does that answer the question underlined above?

John 14:16-17, 26

Acts 2:1-4

1 Corinthians 12:4-11

John 16:7-15

Galatians 5:13-26

Contrast these passages, and explain the transformation:

John 20:19

Acts 4:13

Acts 2:4

Challenge: begin each day this week by praying, asking God to empty your life of self, and fill you with the Holy Spirit  
And meditate daily on Ephesians 5, noting these things about the Spirit filled life

3-5 Abandon idolatrous behaviors (not even a hint)

8 Live as children of light

10 Find out what pleases the Lord

11 Have nothing to do with the fruitless deeds of darkness

14 Wake up sleeper, rise from the dead

17 Understand what the Lord’s will is

18 Do not get drunk

18 Be filled with the Spirit

19 Speak to one another, sing and make music from your heart to the Lord

20 Always give thanks to God the Father for everything