

Series: Sermon on the Mount, # 3

Meek and Lowly in Heart – Matthew 5:5

“Come unto me, all ye that labor and are heavy laden, and I will give you rest. Take my yoke upon you and learn of me, for I am meek and lowly in heart, and ye shall find rest unto your souls. For my yoke is easy and my burden is light.”
Jesus, in Matthew 11:28-30 KJV

Jesus, who resisted every temptation to sin, who confronted the ruling religious authorities, who kept silent while falsely accused, who endured the cross – can hardly be characterized as weak. Since one view of the Beatitudes is Jesus describing his own person and character, we struggle to understand meekness. In our culture, it seems that meek equals weak.

Numbers 12:3 says “now the man Moses was very meek” KJV
Picture Moses as he led the Israelites – don’t we view him as a man of incredible strength? Can those two characteristics describe the same person?

2 Corinthians 12:10 Paul said: “for when I am weak, then I am strong” NIV
Define what you think he meant to say:

Paul included kindness, gentleness, self-control in the Fruit of the Spirit.
Does society today value those? Are they seen as virtues? Gal. 5:22-23

Since we study the Bible not to gain more knowledge, but to experience transformation, how do we pursue meekness? Say a prayer, asking the Holy Spirit to make you more in the image of Jesus...