Series: Sermon on the Mount, # 2

The Wings of Mourning Matt. 5:4

This is one of the seemingly 'contradictory' Beatitudes. How is it possible to feel happy/blessed while mourning?

Read these verses and describe why the first humans mourned, and why God mourned. What do the two accounts have in common?

Genesis 3:21-24

Genesis 6:5-8

How do you feel, reading that Jesus mourned to the point of weeping? John 11:28-37

Luke 19:41-44

Romans 12:15 says we should mourn with those who mourn. What does that say about sharing our own emotions?

How do we walk with others who mourn?

2 Cor. 1:3-4

Do you mourn easily? Do emotions flow openly, or do you not feel free to express what is in your heart? Why or why not?

Write a brief prayer of praise for this promise: Lamentations 3:31-33